Test Kitchen Program Overview

Test Kitchen gives Brainfood graduates a way to build job skills, learn about food production, and run a 6-week CSA program. This program challenges participants to take their leadership and cooking skills to the next level. To be eligible for this program, students must have previously completed a Cooks In Training program.

Test Kitchen is a six-week summer program that runs from late June through early August.

- **When:** Participants work in the kitchen 5 days/week (Monday - Friday) from 1:00 pm - 5:00 pm.
- **Where:** This program is only offered at our Mt. Vernon Square kitchen.
- **Who:** High school aged graduates of our Cooks In Training program

Our Test Kitchen CSA

Interested in subscribing to our Test Kitchen CSA? Each share consists of 6 boxes that combine handmade foods crafted by program participants and sourced from local farms. Each share is $250, and we'll be opening subscriptions this spring; sign up for our mailing list to receive updates about subscriptions or email Carina Gervacio for more CSA details. Test Kitchen serves as an entry point to Brainfood Homegrown, with opportunities for full and part-time employment.

Test Kitchen Outcomes

Brainfood's program outcomes are based on the Search Institute's 40 Developmental Assets®

- **Responsibility & Autonomy** - Participants run a 6-week CSA while learning about customer service, safe food handling practices, and team accountability for food production.
- **Civic and Social Ability** - Participants work together and assess their performance as a cohort at the end of each production week.
- **Productive Member of Society** - Participants practice critical thinking, pre-employment skills, and professional comportment on both the internal kitchen-based work and the external relations work.
- **Mastery and Future** - Participants use cooking skills acquired in the Cooks in Training program to operate a business with limited support from program instructors.

Please contact Carina Gervacio for additional information about student enrollment for Test Kitchen or subscribing to the Test Kitchen CSA.

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